



OTC

**Drugs and Items
Catalog**

2026



OTC^{AT} YOUR DOOR



You decide what you need!

Choose from more than 400 OTC items and products, both from your favorite brands as well as generics. In addition, you will find a wide variety of natural and homeopathic products, home safety products, and products to address your varied needs. And, you may also choose to receive your selections at home, in an easy and accessible manner, through the MMM Mobile Application, or just with one call:

Order by calling:
787-620-2397

Monday to Friday, from 8:00 a.m. to 6:00 p.m.

For Member Services, Monday to Sunday, from 8:00 a.m. to 8:00 p.m.
To order OTC items, Monday to Friday, from 8:00 a.m. to 6:00 p.m., and Saturday, from 8:00 a.m. to 1:00 p.m.



▲ = Drugs and/or items may be covered by Medicare Part B or Part D.

🚚 = Items available for home delivery only.

■ = Items safe for use by people with diabetes (do not contain sugar).

★ = Items safe for use by people with high blood pressure.

⊙ = Dual purpose drugs and/or items. These drugs and/or items can be used for more than one condition.

🚩 = Medication contains aspirin or aspirin derivative.

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LIMITS IN THE NUMBER OF ITEMS BY CATEGORY MAY APPLY. PRICE VARIES BY ESTABLISHMENT.

PAIN RELIEF

A1



**Acetaminophen 325 mg
Regular Strength Adult Tablets**

Equivalent to: Tylenol Regular Strength

Quantity: 100

Price: \$4.99

A2



**TYLENOL EXTRA STRENGTH
(ACETAMINOPHEN)
500 MG CAPLETS**

Equivalent to: -----

Quantity: 24

Price: \$5.99

A3



Pain Relief 500 mg Caplets

Equivalent to: Tylenol Extra Strength

Quantity: 24

Price: \$2.50

A4



**PANADOL
(ACETAMINOPHEN)
500 MG CAPLETS**

Equivalent to: -----

Quantity: 24

Price: \$4.49

A5



**8HR Arthritis Pain
Acetaminophen ER
650 mg Caplets**

Equivalent to: Tylenol 8 HR Arthritis

Quantity: 50

Price: \$7.80

A6



**Acetaminophen
160 mg Tablets Chewable**

Equivalent to: Tylenol Chewable

Quantity: 24

Price: \$5.99

A7

**Pain & Fever
Acetaminophen
160 mg / 5 ML
Liquid**

Equivalent to:

Tylenol Oral Liquid

Size: 4oz

Price: \$3.99



A8



**Tension Headache
(Acetaminophen - Caffeine)
500-65 mg Caplets**

Equivalent to:

Excedrin Tension Headache

Quantity: 100

Price: \$6.59

A9



Aspirin EC 81 mg Tablets

Equivalent to: Bayer Low dose Aspirin

Quantity: 32

Price: \$1.39

Products are sent with at least three (3) months of shelf life. Images and products may vary depending on availability.

PAIN RELIEF

A10



ECOTRIN (ASPIRIN) 81 MG TABLETS

Equivalent to: -----

Quantity: 45

Price: \$4.29 

A11



Aspirin Low Dose 81 mg Chewable Cherry

Equivalent to: Bayer Aspirin Chewable

Quantity: 36

Price: \$1.59 

A12



Aspirin 325 mg Tablets

Equivalent to:

Bayer Aspirin

Quantity: 100

Price: \$3.39 

A13



Aspirin 325 mg DR EC Tablets

Equivalent to: Bayer Aspirin EC

Quantity: 125

Price: \$3.69 

A14



Back & Body (Aspirin- Caffeine) 500-32.5 mg Caplets

Equivalent to: Bayer Back & Body

Quantity: 50

Price: \$3.20 

A15



Naproxen 220 mg All Day Pain Relief Caplets

Equivalent to: Aleve

Quantity: 50

Price: \$5.30 

A16



ALEVE (NAPROXEN) 220 mg Caplets

Equivalent to: -----

Quantity: 24

Price: \$5.87  

A17



Ibuprofen 200 mg Caplets

Equivalent to: Advil

Quantity: 50

Price: \$2.49  

A18



ADVIL LIQUI-GELS (Ibuprofen 200 mg) Capsules

Equivalent to: -----

Quantity: 20

Price: \$4.69  

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LIMITS IN THE NUMBER OF ITEMS BY CATEGORY MAY APPLY. PRICE VARIES BY ESTABLISHMENT.

PAIN RELIEF

A19



**ADVIL
DUAL ACTION**
(Acetaminophen 250 mg +
Ibuprofen 125 mg) Caplets

Equivalent to: -----

Quantity: 18

Price: \$4.59 ▶

A19-G



**Acetaminophen
250 mg + Ibuprofen 125 mg
Caplets**

Equivalent to: Advil Dual Action

Quantity: 18

Price: \$2.60 ▶

A20



**Ibuprofen
100 mg/5 ML
Oral Suspension**

Equivalent to:

Motrin Oral Suspension

Size: 4oz

Price: \$5.99 ▶

A21



ADVIL MIGRAINE
200 mg Capsules

Equivalent to: -----

Quantity: 20

Price: \$4.69 ▶

A22



Urinary Pain Relief
97.5 mg Tablets

Equivalent to: AZO Urinary Pain Relief

Quantity: 12

Price: \$5.30 ▶

A23



Heat Wrap Pad 8 Hr

Equivalent to: Thermacare

Quantity: 3

Price: \$6.59

A24



**Muscle Rub
Cream**

Equivalent to:

Bengay Ultra

Size: 4 oz

Price: \$5.99 ▶

A25



**Arthritis Cream
(Trolamine) 10%**

Equivalent to:

Aspercream

Size: 85 gm

Price: \$6.19 ▶

A26



**Ice Rub
Roll-On
(Menthol)
16% Liquid**

Equivalent to:

Size: 73 ml

Price: \$12.99 ▶

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PAIN RELIEF

A27

ASPERCREAM WITH LIDOCAINE MAXIMUM STRENGTH CREAM

Equivalent to: -----

Size: 1.75 oz

Price: \$6.60 



A28

Ice Blue Gel 2%

Equivalent to: Icy Hot

Size: 226.8 gm

Price: \$3.49



A29

MASLAC

Equivalent to: -----

Size: 3 oz

Price: \$8.95 



A30

Diclofenac Gel 1%

Equivalent to: Voltaren Topical Gel

Size: 100 gm

Price: \$12.99 



A31

VOLTAREN TOPICAL GEL 1%

Equivalent to: -----

Size: 50 gm

Price: \$12.99 



A32

DRAGON MUSCLE ARTHRITIS PAIN CREAM

Equivalent to: -----

Size: 2 Oz

Price: \$6.75 



A33

DOLOGESIC 500 MG CAPLETS

Equivalent to: -----

Quantity: 100

Price: \$30.99



A34

THERAWORX RELIEF FOAM RESTLESS LEG SYNDROME

Equivalent to: -----

Size: 7.1 oz

Price: \$26.37



A35

GOICOECHEA DIABET TX LOTION

Equivalent to: -----

Size: 13.5 oz

Price: \$13.58



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 = Drugs and/or items may be covered by Medicare Part B or Part D.

 = Medication contains aspirin or aspirin derivative.

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PAIN RELIEF

A36

ADVIL TARGETED RELIEF CREAM

Equivalent to: -----

Size: 2.3 oz

Price: \$10.05 



A37

BENGAY ULTRA CREAM

Equivalent to: -----

Size: 4 oz

Price: \$8.99 



SLEEP AIDS

B1

Sleep Aid (Doxylamine) 25 mg Tablets

Equivalent to: Unisom

Quantity: 32

Price: \$4.57



SLEEP AIDS

B2

Acetaminophen PM (APAP- Diphenhydramine) 25-500 mg Caplets

Equivalent to: Tylenol PM Extra Strength

Quantity: 24

Price: \$2.79



B3

TYLENOL PM 25-500 mg Caplets

Equivalent to: -----

Quantity: 24

Price: \$6.99



MOTION SICKNESS

C1

Motion Sickness Relief (Dimenhydrinate) 50 mg

Equivalent to: Dramamine

Quantity: 12

Price: \$1.29



BANDAGES AND SUPPORT AIDS

D1

Arm Sling Universal with Shoulder Pad

Equivalent to: -----

Quantity: 1 Price: \$10.95



D2

Tennis Elbow Strap Universal

Equivalent to: -----

Quantity: 1

Price: \$5.99



D3

Wrist Splint Universal

Equivalent to: -----

Quantity: 1

Price: \$10.98



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BANDAGES AND SUPPORT AIDS

D4

Wrist Support Universal

Equivalent to: -----
 Quantity: 1
 Price: **\$4.09**


D5

Wrist Wrap Universal

Equivalent to: -----

Quantity: 1
 Price: **\$6.99**


D6

Back Support Universal

Equivalent to: -----

Quantity: 1
 Price: **\$15.69**


D7

Knee Wrap Open Patella Universal

Equivalent to: -----

Quantity: 1
 Price: **\$12.99**


D8

Ankle Support Universal

Equivalent to: -----

Quantity: 1
 Price: **\$10.95**


D9

Thigh Wrap Universal

Equivalent to: -----

Quantity: 1
 Price: **\$12.88**


D10

Knee Elastic W/Stays Small

Equivalent to: -----

Quantity: 1
 Price: **\$8.43**


D11

Knee Elastic W/Stays Medium

Equivalent to: -----

Quantity: 1
 Price: **\$5.99**


D12

Knee Elastic W/Stays Large

Equivalent to: -----

Quantity: 1
 Price: **\$8.43**



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BANDAGES AND SUPPORT AIDS

D13



Cushion Ring

Equivalent to: ----

Quantity: 1

Price: \$17.99 

COLD AND ALLERGY

E1

ROBITUSSIN DM LIQUID

Equivalent to: ----

Size: 4 oz.

Price: \$9.51



E2

Tussin DM Cough/ Chest Congestion Liquid

Equivalent to:

Robitussin DM

Size: 4 oz.

Price: \$2.69



E3

Tussin DM (Guaifenesin -Dextromethorphan) 200-20 mg/10ML Liquid

Equivalent to:

Robitussin DM Sugar Free

Size: 4 oz.

Price: \$5.36 



E4

**12 Hour
Cough DM
(Dextromethorphan)
Orange Alcohol Free
Oral Suspension**
Equivalent to: Delsym
Size: 4 oz.
Price: \$8.55



E5

Tussin Cold CF Liquid

Equivalent to:

Robitussin Multisymptoms
Cold

Size: 4 oz.

Price: \$2.90



E6

Daytime Severe Cold & Flu Liquid

Equivalent to:

Dayquil

Size: 237 ml.

Price: \$4.99



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COLD AND ALLERGY

E7



**TYLENOL
COLD & FLU
200-10-5-325 mg Caplets**
Equivalent to: ----
Quantity: 24
Price: **\$8.55**

E8



**Severe Cold/Flu
200-10-5-325 mg Caplets**
Equivalent to: Tylenol Cold & Flu
Quantity: 24
Price: **\$4.49**

E9



**Cough &
Cold HBP
(Chlorpheniramine -
Dextromethorphan)
4-30 mg Tablets**
Equivalent to: Coricidin HBP Cough & Cold
Quantity: 16
Price: **\$3.99** ★

E10



**Daytime Sinus
Relief Pressure & Pain
(Phenylephrine- APAP-
Guaifenesin)
5-325-200 mg Caplets**
Equivalent to: Tylenol Sinus Severe
Quantity: 24
Price: **\$2.39**

E11



**Mucus Relief DM
(Guaifenesin -Dextromethorphan)
400-20 mg Tablets**
Equivalent to: Mucinex DM
Quantity: 50
Price: **\$5.69**

E12



**PANADOL
COLD & FLU - DAY
(ACETAMINOPHEN
DEXTROMETHORPHAN HBr)
500 mg- 15 mg Caplets**
Equivalent to: ----
Quantity: 20
Price: **\$6.69**

E13



**VICKS NYQUIL
COLD & FLU
CHERRY LIQUID**
Equivalent to: ----
Size: 355 ml
Price: **\$12.96**

E14



**Nighttime
Cold & Flu
Cherry Liquid**
Equivalent to:
Vicks Nyquil Cough
Size: 355 ml
Price: **\$5.99**

E15



**Cough Drops
7.5 mg
Lozenges**
Equivalent to:
Halls
Quantity: 30
Price: **\$1.69**

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★ = Items safe for use by people with high blood pressure.

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COLD AND ALLERGY

E16

Cough Drops 7.6 mg Lemon Sugar Free Lozenges

Equivalent to:

Halls Cough Drops Honey
Lemon Sugar Free

Quantity: 25

Price: \$4.25 ■



E17

All Day Allergy (Cetirizine) 10 mg 24 hr Tablets

Equivalent to: Zyrtec

Quantity: 30

Price: \$3.00



E18

Levocetirizine 24 Hour Tablets 5 mg

Equivalent to:

Xyzal

Quantity: 10

Price: \$5.99



E19

BENADRYL ALLERGY (DIPHENHYDRAMINE) 25 Mg Caplets

Equivalent to: ----

Quantity: 24

Price: \$7.53



E20

Allergy (Diphenhydramine) 25 mg Tablets

Equivalent to: Benadryl Allergy

Quantity: 24

Price: \$2.65



E21

Allergy Relief (Fexofenadine) 180 mg 24 HR Tablets

Equivalent to: Allegra Allergy

Quantity: 15

Price: \$12.39



E22

Loratadine 10 mg Tablets

Equivalent to: Claritin

Quantity: 30

Price: \$3.99



E23

Allergy (Loratadine) 5 mg/ 5 ml Sugar Free Liquid

Equivalent to:

Claritin Sugar Free Liquid

Size: 4 oz

Price: \$9.89 ■



E24

Nasal Allergy Spray 24 hr (Triamcinolone) 55 mcg/ Spray

Equivalent to:

Nasacort

Size: 0.57 oz

Price: \$22.38



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COLD AND ALLERGY

E25

Fluticasone Solution Nasal
Equivalent to:
Flonase Allergy Relief
Size: 15.8 ml
Price:
\$18.49



E26

Saline 0.65% Nasal Solution
Equivalent to: Ocean
Size: 88 ml
Price: **\$1.79**



E27

Nasal Strips 30 Clear Medium
Equivalent to:
Breathe Right
Quantity: 30
Price: **\$12.80**



E28

Sore Throat 1.4% Cherry Spray
Equivalent to:
Chloraseptic
Size: 177 ml
Price: **\$3.29**



E29

VICKS VAPORUB OINTMENT
Equivalent to: ----
Size: 1.76 oz
Price: **\$7.49**



E30

Chest Rub Medicated Ointment
Equivalent to: Vicks Vaporub
Size: 1.76 oz
Price: **\$5.09**



E31

Immune Support Citrus Chewable Tablets
Equivalent to:
Airborne
Quantity: 50
Price: **\$10.99** ○



E32

EMERGEN-C 1,000 MG VITAMIN C ORANGE PACK
Equivalent to:

Quantity: 30
Price: **\$11.99** ○



E33

THERAFLU COLD RELIEF + CHEST CONGESTION LIQUID
Equivalent to: ----
Size: 8.3 oz
Price: **\$11.89**



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○ = Dual purpose drugs and/or items. These drugs and/or items can be used for more than one condition.

LIMITS IN THE NUMBER OF ITEMS BY CATEGORY MAY APPLY. PRICE VARIES BY ESTABLISHMENT.

COLD AND ALLERGY

E34

**THERAFLU
EXPRESS
NIGHTTIME
LIQUID**

Equivalent to: ----

Size: 8.3 oz

Price: **\$11.89**



E35

**ZYRTEC
(CETIRIZINE)
10 MG 24 HR TABS**

Equivalent to: ----

Quantity: 14

Price: **\$16.53**



E36

**BRONKOPLEX
LIQUID**

Equivalent to: ----

Size: 8 oz

Price: **\$20.55**



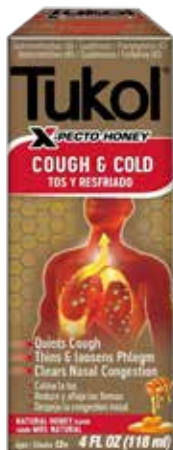
E37

**TUKOL
COUGH
& COLD
NATURAL
HONEY**

Equivalent to: ----

Size: 4 oz

Price: **\$7.26**



E38

**HALLS
COUGH
HONEY
LEMON**

Equivalent to: ----

Quantity: 30

Price: **\$3.57**



E39

**GILTUSS
COUGH & COLD
LIQUID**

Equivalent to: ----

Size: 4 oz.

Price: **\$11.73**



E40

**GILTUSS
DIABETIC
COUGH & COLD
LIQUID**

Equivalent to: ----

Size: 4 oz.

Price: **\$11.73** ■



E41

**TUSNEL
DIABETIC
COUGH
SUPPRESSANT
EXPECTORANT
LIQUID**

Equivalent to: ----

Size: 4 oz

Price: **\$6.99** ■



E42

**ROMPE
PECHO DM**

Equivalent to: ----

Size: 6 oz

Price: **\$8.79**



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COLD AND ALLERGY

E43

ROMPE PECHO SUGAR FREE

Equivalent to: -----
 Size: 6 oz
 Price: **\$8.79** ■


E44

DAYQUIL COLD & FLU LIQUID CAPS

Equivalent to: -----
 Quantity: 16
 Price: **\$9.43**


E45

NYQUIL COLD & FLU LIQUID CAPS

Equivalent to: -----
 Quantity: 16
 Price: **\$9.43**



SMOKING CESSATION

F1

**Nicotine
Patch
7 mg / 24 hr**
 Equivalent to:
 Habitrol
 Quantity: 14
 Price: **\$24.50**


F2

**Nicotine
Patch
14 mg / 24 hr**
 Equivalent to:
 Habitrol
 Quantity: 14
 Price: **\$24.50**


F3

**Nicotine
Patch
21 mg / 24 hr**
 Equivalent to:
 Habitrol
 Quantity: 14
 Price: **\$24.50**



DIABETES CARE

G1

**Glucose
Tablets
Orange**
 Equivalent to:
 Trueplus Glucose
 Quantity: 50
 Price: **\$5.42** ■


G2

**Glucose
Tablets
Raspberry**
 Equivalent to:
 Trueplus Glucose
 Quantity: 50
 Price: **\$5.42** ■


G3

**Diabetic
Sock Ankle
White - Medium**
 Equivalent to: -----
 Quantity: 1 pair
 Price: **\$6.92** ■



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DIABETES CARE

G4

**Diabetic
Sock Ankle
White - Large**

Equivalent to: -----
Quantity: 1 pair
Price: **\$6.92** ■



G5

**Diabetic
Sock Crew
White - Medium**

Equivalent to: -----
Quantity: 1 pair
Price: **\$8.32** ■



G6

**Diabetic
Sock Crew
White - Large**

Equivalent to: -----
Quantity: 1 pair
Price: **\$8.32** ■



G7

**Diabetic
Sock Ankle
Black - Medium**

Equivalent to: -----
Quantity: 1 pair
Price: **\$6.92** ■



G8

**Diabetic
Sock Ankle
Black - Large**

Equivalent to: -----
Quantity: 1 pair
Price: **\$6.92** ■



G9

**Diabetic
Sock Crew
Black - Medium**

Equivalent to: -----
Quantity: 1 pair
Price: **\$8.32** ■



G10

**Diabetic
Sock Crew
Black - Large**

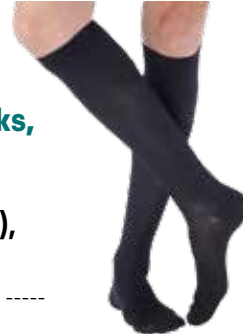
Equivalent to: -----
Quantity: 1 pair
Price: **\$8.40** ■



G11

**Compression
Knee High Socks,
Men's Black,
Medium**

(Shoe Size 8-10),
15-20 mmHg
Equivalent to: -----
Quantity: 1 pair
Price: **\$15.00** ▲



G12

**Compression
Knee High Socks,
Men's Black,
Large**

(Shoe Size 10.5-12),
15-20 mmHg
Equivalent to: -----
Quantity: 1 pair
Price: **\$15.00** ▲



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DIABETES CARE

G13

**Compression
Knee High Socks,
Men's Tan,
Medium**

(Shoe Size 8-10),
15-20 mmHg

Equivalent to: -----

Quantity: 1 pair

Price: **\$15.00** ▲


G14

**Compression
Knee High Socks,
Men's Tan,
Large**

(Shoe Size 10.5-12),
15-20 mmHg

Equivalent to: -----

Quantity: 1 pair

Price: **\$15.00** ▲


G15

**Compression
Knee High Socks,
Women's Tan,
Small**

(Shoe Size 4-5),
8-15 mmHg

Equivalent to: -----

Quantity: 1 pair

Price: **\$14.25** ▲


G16

**Compression
Knee High Socks,
Women's Tan,
Medium**

(Shoe Size 5.5-7.5),
8-15 mmHg

Equivalent to: -----

Quantity: 1 pair

Price: **\$14.25** ▲


G17

**Compression
Knee High Socks,
Women's Tan,
Large**

(Shoe Size 8-10.5),
8-15 mmHg

Equivalent to: -----

Quantity: 1 pair

Price: **\$14.25** ▲


G18

**Compression
Knee High Socks,
Women's Black,
Small**

(Shoe Size 4-5),
8-15 mmHg

Equivalent to: -----

Quantity: 1 pair

Price: **\$14.25** ▲


G19

**Compression
Knee High Socks,
Women's Black,
Medium**

(Shoe Size 5.5-7.5),
8-15 mmHg

Equivalent to: -----

Quantity: 1 pair

Price: **\$14.25** ▲


G20

**Compression
Knee High Socks,
Women's Black,
Large**

(Shoe Size 8-10.5),
8-15 mmHg

Equivalent to: -----

Quantity: 1 pair

Price: **\$14.25** ▲



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LIMITS IN THE NUMBER OF ITEMS BY CATEGORY MAY APPLY. PRICE VARIES BY ESTABLISHMENT.

SKIN CARE

H1

**Zinc Oxide
Diaper Rash
Cream**

Equivalent to: A&D
Size: 4 oz
Price: **\$8.35**



H2

A&D OINTMENT

Equivalent to: ----
Size: 1.5 oz
Price: **\$3.80**



H3

**Zinc Oxide
40% Maximum Strength
Diaper Rash Ointment**

Equivalent to: ----
Size: 4 oz
Price: **\$6.99**



H4

Zinc Oxide 25% Ointment

Equivalent to: ----
Size: 1 oz
Price: **\$2.50**



H5

**Antiseptic
Skin Cleanser**

Equivalent to: Hibiclens
Size: 8 oz
Price: **\$11.00**



H6

**AVEENO
MOISTURIZING
BODY WASH**

Equivalent to: ----
Size: 12 oz
Price: **\$9.69**



H7

**PROTEX
LIQUID
ANTIBACTERIAL
SOAP**

Equivalent to: ----
Size: 7.5 oz
Price: **\$4.99** 🚚



H8

**PROTEX
ANTIBACTERIAL
BAR SOAP**

Equivalent to: ----
Size: 8 pcs., 3.7 oz
Price: **\$8.99** 🚚



H9

Moisturizing Cream

Equivalent to: Cerave
Size: 473 ml
Price: **\$8.99**



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SKIN CARE

H10

EUCERIN
INTENSIVE
SKIN LOTION
 Equivalent to:

Size: 6.8 oz
 Precio: **\$10.45**


H11

CURÉL
ULTRA HEALING
LOTION
 Equivalent to: -----

Size: 6 oz
 Precio: **\$4.77** 


H12

Agua Maravilla
 Equivalent to:
 Witch Hazel Astringent
 Size: 8 oz
 Precio: **\$4.38**


H13

Sunscreen
SPF 50 Lotion
 Equivalent to:

Coppertone SPF 50
 Size: 8 oz
 Price: **\$9.99**


H14

Sunscreen
SPF 30 Lotion
 Equivalent to:

Coppertone SPF 30
 Size: 8 oz
 Price: **\$8.99**


H15

Aloe Vera
Soothing Gel
 Equivalent to:

Banana Boat Aloe Vera
 Size: 16 oz
 Price: **\$5.49**


H16

Instant Burn
Relief Sx
 Equivalent to:

Solarcaine Aloe
 Size: 4.5 oz
 Price: **\$9.29**


H17

Hand Sanitizer
70% Gel
 Equivalent to:

Purell
 Size: 236 ml
 Price: **\$3.99**


H18

Mosquito
Repellent
 Equivalent to:

OFF Familycare Clean Feel
 Size: 6 oz
 Price: **\$9.99**



Products are sent with at least three (3) months of shelf life. Images and products may vary depending on availability.

LIMITS IN THE NUMBER OF ITEMS BY CATEGORY MAY APPLY. PRICE VARIES BY ESTABLISHMENT.

EYE CARE

11

SYSTANE EYE DROPS

Equivalent to: ----

Size: 10 ml

Price: **\$18.47**



12

SYSTANE ORIGINAL EYE DROPS

Equivalent to: ----

Size: 15 ml

Price: **\$14.25**



13

SYSTANE COMPLETE PF DRY EYE DROPS

Equivalent to: ----

Size: 10 ml

Price: **\$18.50**



14

SYSTANE ULTRA PF EYE DROPS

Equivalent to: ----

Quantity: 25 amp

Price: **\$16.95**



15

Lubricant Eye Drops

Equivalent to:

Systane

Size: 15 ml

Price: **\$16.09**



16

Artificial Tears Eye Drops

Equivalent to:

Visine Tears

Size: 15 ml

Price: **\$3.99**



17

Redness Relief (tetrahydrozoline) Eye Drops

Equivalent to:

Visine Original

Size: 15 ml

Price: **\$3.49**



18

Eye Itch Relief (ketotifen) Dr 0.025% Eye Drops

Equivalent to:

Zaditor

Size: 5 ml

Price: **\$10.79**



19

NAPHCON A EYE DROPS

Equivalent to:

Size: 15 ml

Price: **\$13.37**



Products are sent with at least three (3) months of shelf life. Images and products may vary depending on availability.

EYE CARE

I10

PATADAY 0.2% EYE DROPS

Equivalent to:
Size: 2.5 ml

Price:
\$22.99 ▲

I11

Eye Wash Irrigant Solution

Equivalent to:
Boraqua
Size: 4 oz

Price: **\$11.89**

I12

REFRESH TEARS DROPS

Equivalent to:
Size: 15 ml

Price: **\$12.18**


EAR CARE

Y1

Ear Wax Remover Drops

Equivalent to:
Debrox
Size: 15 ml

Price: **\$3.29**


FOOT CARE

J1

Clotrimazole 1% Cream

Equivalent to: Lotrimin AF

Size: 28 gm

Price: **\$2.99**

J2

Tolnaftate 1% Antifungal Cream

Equivalent to: Tinactin

Size: 1 oz

Price: **\$4.37**

J3

Foot Powder (Miconazole) SP 2% Spray

Equivalent to:
Lotrimin AF Powder
Size: 130 gm

Price: **\$6.59**


Products are sent with at least three (3) months of shelf life. Images and products may vary depending on availability.

FOOT CARE

J4

HONGO KILLER ANTIFUNGAL SOLUTION

Equivalent to: ---

Size: 1 oz

Price: **\$9.19**



J5

Corn Remover Equivalent to:

Dr. Scholl's

Quantity:

9 patches

Price: **\$2.90**



J6

Moleskin Pads

Equivalent to:

Moleskin

Quantity: 3

Price: **\$2.30**



DIGESTIVE AIDS

K3

Acid Reducer (Famotidine) 10 mg Tablets

Equivalent to:

Pepcid AC

Quantity: 30

Price: **\$2.79** ▲



K4

Acid Reducer (Famotidine) 20 mg Tablets

Equivalent to:

Pepcid AC

Quantity: 25

Price: **\$5.79** ▲



K5

Esomeprazole Magnesium 20 mg DR Caps

Equivalent to: Nexium 24 Hr

Quantity: 14

Price: **\$10.28** ▲



K6



Lansoprazole 15 mg Capsules

Equivalent to: Prevacid 24 hr

Quantity: 14

Price: **\$11.10** ▲

K7



Omeprazole 20 mg Tablets

Equivalent to: Prilosec OTC

Quantity: 28

Price: **\$18.75** ▲

K8

Extra Strength Antacid Chewable Original Tablets

Equivalent to:

Gaviscon

Quantity: 100

Price: **\$5.95**



DIGESTIVE AIDS

K9

Extra Strength Heartburn Relief Cherry Liquid

Equivalent to:

Gaviscon Extra Strength

Size: 12 oz

Price: **\$9.45**


K10

Antacid 1000 mg Assorted Berries Chewable Tabs

Equivalent to:

Tums

Quantity: 72

Price: **\$3.79**


K11

Antacid/Antigas Mint Liquid

Equivalent to:

Maalox Regular Strength

Size: 12 oz

Price: **\$4.39**


K12

Pink Bismuth 262 mg Chewable Tablets

Equivalent to:

Pepto Bismol

Quantity: 30

Price: **\$3.69** ▶


K13

Stomach Relief (Bismuth Subsalicylate) 525 mg/ 30 ml Liquid

Equivalent to:

Pepto Bismol

Size: 354 ml

Price: **\$7.76** ▶


K14

Gas Relief 125 mg XS Softgels

Equivalent to:

Gas-X

Quantity: 30

Price: **\$3.29**


K15


IMODIUM AD 2 MG CAPLETS

Equivalent to: ----

Quantity: 12

Price: **\$8.99**

K16


Anti-Diarrheal 2 mg Caplets

Equivalent to: Imodium AD

Quantity: 12

Price: **\$1.39**

K17

Dairy Digestive Tabs

Equivalent to: ---

Quantity: 60

Price: **\$8.26**



Products are sent with at least three (3) months of shelf life. Images and products may vary depending on availability.

LIMITS IN THE NUMBER OF ITEMS BY CATEGORY MAY APPLY. PRICE VARIES BY ESTABLISHMENT.

DIGESTIVE AIDS

K18

**Nausea Relief
Cherry Alcohol
Free Liquid**
Equivalent to:
Emetrol
Size: 4 oz
Price: **\$3.99**



K19

**ALKA-SELTZER
HEARTBURN TABS
EFFERVESCENT**
Equivalent to: -----
Quantity: 36 Price: **\$7.14** ▶



K20

**Fiber
Laxative
625 mg
Caplets**
Equivalent to:
Fibercon
Quantity: 90
Price: **\$13.57**



K21

**Fiber Laxative
Orange Smooth
Texture**
Equivalent to:
Metamucil
Size: 10 oz
Price: **\$10.59**



K22

**Stool
Softener
100 mg
Gelcaps**
Equivalent to:
Colace
Quantity: 100
Price: **\$3.99**



K23

**Mineral
Oil Liquid**
Equivalent to:
Roberts
Size: 16 oz
Price: **\$5.59**



K24

**Milk Of
Magnesia
Original Liquid**
Equivalent to:
Phillips Milk of Magnesia
Size: 12 oz
Price: **\$3.99**



K26

**Glycerin
Laxative Suppositories**
Equivalent to: Glycerin
Size: 2 gm
Price: **\$2.99**



K27

**Clearlax
Laxative
Powder**
Equivalent to:
Miralax
Size: 3 oz
Price: **\$8.70**



Products are sent with at least three (3) months of shelf life. Images and products may vary depending on availability.

DIGESTIVE AIDS

K30


ENEMA WATER BOTTLE COMBINATION

Equivalent to: -----
 Cantidad: 1
 Precio: **\$14.99**

K31


Bisacodyl 5 mg EC Tablets

Equivalent to: Dulcolax
 Quantity: 25
 Price: **\$1.89**

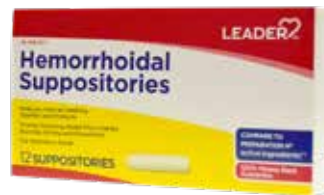
K32

**Senna
50 mg
Tablets**
 Equivalent to:
 Senokot
 Quantity: 60
 Price: **\$3.89**


K33


Regular Strength Chocolated Laxative Sennosides 15 mg Pieces

Equivalent to: Ex-Lax
 Quantity: 24
 Price: **\$5.40**

K34


Hemorrhoidal Suppositories

Equivalent to: Preparation H
 Quantity: 12
 Price: **\$4.19**

K35


Hemorrhoid 0.25-14-74.9 % Ointment

Equivalent to: Preparation H
 Quantity: 57 gm
 Price: **\$5.29**

K36


Hemorrhoidal Wipes W/Aloe

Equivalent to: Preparation H
 Quantity: 48
 Price: **\$6.79**

K37


GAVISCON LIQUID

Equivalent to: -----
 Size: 12 oz
 Price: **\$13.99**

K38

TUMS EX ASSORTED FRUIT TABS

Equivalent to: -----
 Quantity: 96
 Price: **\$6.39**



LIMITS IN THE NUMBER OF ITEMS BY CATEGORY MAY APPLY. PRICE VARIES BY ESTABLISHMENT.

DIGESTIVE AIDS

K39



NEXIUM (ESOMEPRAZOLE MAGNESIUM) 20 MG DR CAPS

Equivalent to: ----

Quantity: 14

Price: \$13.17

K40



MIRALAX POWDER 14 ONCE DAILY DOSES

Equivalent to: ----

Size: 8.3 oz

Price: \$16.98

K41

PEPTO BISMOL ORIGINAL LIQUID

Equivalent to: ----

Size: 8 oz

Price: \$6.60 ▶



K42



PRUNELAX REGULAR TABLETS

Equivalent to: ----

Quantity: 20

Price: \$5.35 🚚

K46



BENEFIBER PREBIOTIC FIBER SUPPLEMENT

Equivalent to: ----

Size: 5.4 oz

Price: \$11.99 🕒

DIGESTIVE AIDS AND PROBIOTICS

K43

Lactobacillus Caps

Equivalent to: ----

Quantity: 60

Price: \$11.57 🕒



K44

PHILLIPS COLON HEALTH DAILY PROBIOTICS CAPLETS

Equivalent to: ----

Quantity: 30

Price: \$17.86 🕒



K45

BANATROL PLUS WITH PROBIOTIC BANANA PACKET

Equivalent to: ----

Quantity: 1

Price: \$2.21 🕒



Products are sent with at least three (3) months of shelf life. Images and products may vary depending on availability.

FEMININE CARE

L1

Anti-Itch Vaginal Cream 20-3%
Equivalent to:
Vagisil
Size: 28 gm
Price: **\$4.47**



L2

Miconazole 7 Cream 2%
Equivalent to: Monistat 7
Size: 45 gm
Price: **\$10.39**



L4

REPLENS MOISTURIZER
Equivalent to: ---
Size: 1 oz
Price: **\$17.25**



ORAL CARE

M2

FINAFTA LIQUID
Equivalent to: ----
Size: 15 ml
Price: **\$8.29** 



M3

Antiseptic Mouthwash
Equivalent to:
Listerine
Size: 16 oz
Price: **\$5.17**



M4

COLGATE TOTAL MOUTHWASH NO ALCOHOL PEPPERMINT
Equivalent to:
Size: 500 ml
Price: **\$6.51** 



M5

EFFERDENT PLUS TABS
Equivalent to: ----
Quantity: 36
Price: **\$6.51**



M6

FIXODENT ORIGINAL
Equivalent to: ----
Size: 2.4 oz
Price: **\$12.10**



M7

Soft Toothbrush
Equivalent to:
Colgate Toothbrush
Quantity: 2
Price: **\$3.00**



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LIMITS IN THE NUMBER OF ITEMS BY CATEGORY MAY APPLY. PRICE VARIES BY ESTABLISHMENT.

ORAL CARE

M8



COLGATE CAVITY PROTECTION

Equivalent to: ----

Size: 6 oz

Price: **\$3.99**

M9



SENSODYNE REPAIR & PROTECT EXTRA FRESH TOOTHPASTE

Equivalent to: ----

Size: 3.4 oz

Price: **\$6.76**

M10



SENSODYNE COMPLETE EXTRA FRESH TOOTHPASTE

Equivalent to: ----

Size: 3.4 oz

Price: **\$7.25**

M11



COLGATE SENSITIVE COMPLETE PROTECT

Equivalent to:----

Size: 6 oz

Price: **\$7.49** 🚗

M12



PARODONTAX ACTIVE GUM REPAIR FRESH MINT

Equivalent to:---

Size: 3.4 oz

Price: **\$8.94**

M13



Waxed Dental Floss Equivalent to:

Quantity: 1

Price: **\$2.59**

M14



Lip Balm Medicated

Equivalent to: ----

Quantity: 2 x 0.15 oz

Price: **\$4.50** 🚗

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INCONTINENCE

N1



TENA SLIP CLÁSICO MEDIUM

Equivalent to: ----

Quantity: 72

Price: \$44.11 

N1-P



TENA SLIP CLÁSICO MEDIUM PACKAGE

Equivalent to: ----

Quantity: 9

Price: \$5.51 

N2



TENA SLIP CLÁSICO LARGE

Equivalent to: ----

Quantity: 72

Price: \$44.61 

N2-P



TENA SLIP CLÁSICO LARGE PACKAGE

Equivalent to: ----

Quantity: 9

Price: \$5.58 

N3



TENA SLIP CLÁSICO X-LARGE

Equivalent to: ----

Quantity: 54

Price: \$43.71 

N3-P



TENA SLIP CLÁSICO X-LARGE PACKAGE

Equivalent to: ----

Quantity: 9

Price: \$7.29 

N4



Pull Up Small / Medium

Equivalent to:

Depend Underwear

Quantity: 80

Price: \$39.99 

N4-P



Pull Up Small / Medium Package

Equivalent to:

Quantity: 20

Price: \$9.99 

N5



Pull Up Large

Equivalent to:

Depend Underwear

Quantity: 72

Price: \$39.99 

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Convenience *for your well-being*

IT IS AS EASY AS:

1 
CHOOSE

2 
ORDER

3 
GET

More options **to order** your OTCs:

✓ **OTC Catalog**

Choose your OTC's from the catalog or on our **MMM Mobile App**, where you can see our wide variety of available items.

✓ **MMM Movil App**

It's the fastest and easiest option!

✓ **By telephone**

You may also order by calling:

787-620-2397, 1-866-333-5470 (toll free) or

TTY: 711 (hearing impaired),

Monday to Friday, from 8:00 a.m. to 6:00 p.m.,
and Saturday, from 8:00 a.m. to 1:00 p.m.

More options **to get** your OTCs:



At home

Get the items and medications you selected at home.



At your pharmacy

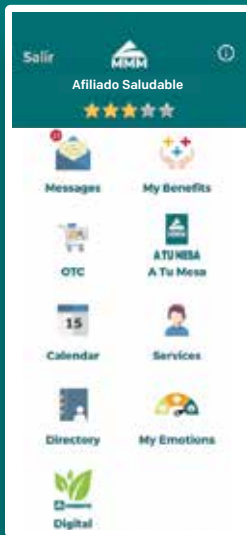
Your favorite in-network pharmacy to get your OTC products.

*Benefit varies per coverage.



How to order your OTC on our MMM Mobile App?

Follow these steps:



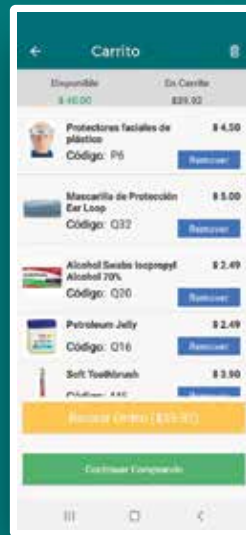
1

Select OTC



2

Choose by category



3

Check your order



4

Complete your order



With the convenience of an extensive variety of frequently used items that **will arrive directly to your door.**

Get FREE home delivery.

Note: Remember that, if you use the OTC benefit AT THE PHARMACY, it will show in the balance when you make OTC orders by phone. Pharmacy prices may vary per business. The prices in the catalog only apply to home delivery. Consult with your health provider about the medications and items that fit your needs.

LIMITS IN THE NUMBER OF ITEMS BY CATEGORY MAY APPLY. PRICE VARIES BY ESTABLISHMENT.

INCONTINENCE

N5-P



**Pull Up
Large Package
Equivalent to:**

Quantity: 18

Price: \$9.99 

N6



**Pull Up
X-Large
Equivalent to:**
Depend Underwear

Quantity: 56

Price: \$39.99 

N6-P



**Pull Up
X-Large Package
Equivalent to:**

Quantity: 14

Price: \$9.99 

N7



**Wings Adult
Briefs Small
Equivalent to:** -----

Quantity: 96

Price: \$37.00 

N7-P



**Wings
Adult Briefs
Small Package
Equivalent to:** -----

Quantity: 12

Price: \$4.63 

N8



**Wings Adult
Briefs Medium
Equivalent to:** -----

Quantity: 96

Price: \$37.80 

N8-P



**Wings Adult
Briefs Medium Package
Equivalent to:** -----

Quantity: 12

Price: \$4.73 

N9



**Wings Adult
Briefs Large
Equivalent to:** -----

Quantity: 72

Price: \$37.00 

N9-P



**Wings Adult
Briefs Large Package
Equivalent to:** -----

Quantity: 18

Price: \$9.25 

Products are sent with at least three (3) months of shelf life. Images and products may vary depending on availability.

INCONTINENCE

N10



Wings Adult Briefs X-Large

Equivalent to: ----

Quantity: 60

Price: **\$37.00** 

N10-P



Wings Adult Briefs X-Large Package

Equivalent to: ----

Quantity: 15

Price: **\$9.25** 

N11



Wings Adult Briefs XX-Large

Equivalent to: ----

Quantity: 48

Price: **\$41.99** 

N11-P



Wings Adult Briefs XX-Large Package

Equivalent to: ----

Quantity: 12

Price: **\$10.50** 

N12



Wings Adult Briefs XXX-Large

Equivalent to: ----

Quantity: 32

Price: **\$45.00** 

N12-P



Wings Adult Briefs XXX-Large Package

Equivalent to: ----

Quantity: 8

Price: **\$11.25** 

N13



TENA PANTS MEDIUM

Equivalent to: ----

Quantity: 60

Price: **\$42.37** 

N13-P



TENA PANTS MEDIUM PACKAGE

Equivalent to: ----

Quantity: 10

Price: **\$7.06** 

N14



TENA PANTS LARGE

Equivalent to: ----

Quantity: 60

Price: **\$45.99** 

Products are sent with at least three (3) months of shelf life. Images and products may vary depending on availability.

LIMITS IN THE NUMBER OF ITEMS BY CATEGORY MAY APPLY. PRICE VARIES BY ESTABLISHMENT.

INCONTINENCE

N14-P



TENA PANTS LARGE PACKAGE

Equivalent to: ----

Quantity: 10

Price: **\$7.67**

N15



SUPREME CARE PLUS X-LARGE

Equivalent to: ----

Quantity: 56

Price: **\$42.71**

N15-P



SUPREME CARE PLUS X-LARGE PACKAGE

Equivalent to: ----

Quantity: 14

Price: **\$10.68**

N16



SUPREME CARE PLUS LARGE

Equivalent to: ----

Quantity: 72

Price: **\$43.61**

N16-P



SUPREME CARE PLUS LARGE PACKAGE

Equivalent to: ----

Quantity: 18

Price: **\$10.90**

N17



SUPREME CARE PLUS MEDIUM

Equivalent to: ----

Quantity: 72

Price: **\$43.11**

N17-P



SUPREME CARE PLUS MEDIUM PACKAGE

Equivalent to: ----

Quantity: 18

Price: **\$10.78**

N18



Women's **Bladder** **Control Pads**

Equivalent to: ----

Poise

Quantity: 20

Price: **\$5.99**

N19



Men's Bladder Control Pads

Equivalent to: Depend

Quantity: 14

Price: **\$8.99**

Products are sent with at least three (3) months of shelf life. Images and products may vary depending on availability.

INCONTINENCE

N20



Underpads

Equivalent to: -----

Quantity: 150

Price: \$27.95 

N21



Wipes

Equivalent to: Chubs

Quantity: 20

Price: \$1.89 

N22



Wipes

Equivalent to: Chubs

Quantity: 48

Price: \$2.49 

N23



Wipes

Equivalent to: Chubs

Quantity: 80

Price: \$3.65 

BLOOD PRESSURE MONITORING DEVICE

01



Blood Pressure Monitor Small-Medium

Equivalent to: -----

Quantity: 1

Price: \$25.00  

02



Blood Pressure Monitor Large

Equivalent to: -----

Quantity: 1

Price: \$25.00  

03



Blood Pressure Monitor X-Large

Equivalent to: -----

Quantity: 1

Price: \$25.00  

Products are sent with at least three (3) months of shelf life. Images and products may vary depending on availability.

 = Items available for home delivery only.

 = Dual purpose drugs and/or items. These drugs and/or items can be used for more than one condition.

LIMITS IN THE NUMBER OF ITEMS BY CATEGORY MAY APPLY. PRICE VARIES BY ESTABLISHMENT.

MISCELLANEOUS

P1



Pill Box 7 days
Equivalent to: -----
Quantity: 1
Price: **\$2.49**

P2



Pill Cut Case
Equivalent to: -----
Quantity: 1
Price: **\$5.35**

P3



Ice Bag
Equivalent to: -----
Quantity: 1
Price: **\$8.49**

P4



Heating Pad
Moist/ Dry Heat
Equivalent to: -----
Quantity: 1
Price: **\$22.75**

P5



Thermometer 20 Seconds
Flexible Tip Digital
Equivalent to: -----
Quantity: 1
Price: **\$6.88** 🚗

P6



Multi-Purpose
Alcohol Wipes
75% Alcohol
Equivalent to: -----
Quantity: 15
Price: **\$1.95** 🚗

P7



Finger Pulse Oximeter
Equivalent to: -----
Quantity: 1
Price: **\$27.75** 🚗

P8



Bathroom Scale
Equivalent to: -----
Quantity: 1
Price: **\$22.95** 🚗

P9



Food Scale
Equivalent to: -----
Quantity: 1
Price: **\$21.80** 🚗

Products are sent with at least three (3) months of shelf life. Images and products may vary depending on availability.



MISCELLANEOUS

P10



Night light LED White

Equivalent to: ----

Quantity: 1

Price: **\$5.10** 

P11



Reacher

Equivalent to: ----

Quantity: 1

Price: **\$4.88** 

P12

**CPAP
Mask Wipes
Unscented**
Equivalent to: ----

Quantity: 80 wipes

Price: **\$9.00** 



P15



**Pill Box 7 days
4 dosages per day**

Equivalent to: ----

Quantity: 1

Price: **\$5.78**



P16



Unisex Reading Glasses +1

Equivalent to: ----

Quantity: 1

Price: **\$18.99** 

P17



Unisex Reading Glasses +1.5

Equivalent to: ----

Cantidad: 1 Precio: **\$18.99** 

P18



Unisex Reading Glasses +2

Equivalent to: ----

Cantidad: 1 Precio: **\$18.99** 

P19



Unisex Reading Glasses +2.5

Equivalent to: ----

Cantidad: 1

Precio: **\$18.99** 

P21



Unisex Reading Glasses +3.5

Equivalent to: ----

Quantity: 1

Price: **\$18.99** 

P20



Unisex Reading Glasses +3

Equivalent to: ----

Cantidad: 1

Precio: **\$18.99** 

P22



Unisex Reading Glasses +4

Equivalent to: ----

Quantity: 1

Price: **\$18.99** 

FIRST AID

Q1



**Triple
Antibiotic Ointment**

Equivalent to: Neosporin

Size: 1 oz

Price: **\$4.59**

Products are sent with at least three (3) months of shelf life. Images and products may vary depending on availability.

LIMITS IN THE NUMBER OF ITEMS BY CATEGORY MAY APPLY. PRICE VARIES BY ESTABLISHMENT.

FIRST AID

Q2



Bacitracin Ointment
Equivalent to: -----
Size: 1 oz
Price: **\$3.99**

Q3



Poly Bacitracin Ointment
Equivalent to: Polysporin
Size: 1 oz
Price: **\$4.99**

Q4



Anti-Itch Cream
Equivalent to: Benadryl Cream
Size: 1 oz
Price: **\$2.99**

Q5



Anti-Itch Extra Strength Cream
Equivalent to: Benadryl Extra Strength Cream
Size: 1 oz
Price: **\$2.99**

Q6



Anti-itch Lotion
Equivalent to: Sarna
Size: 7.5 oz
Price: **\$9.99**

Q7



Pramoxine-Calamine 1-8% Lotion
Equivalent to: Caladryl
Size: 6 oz
Price: **\$7.80**

Q8



Calamine-Zinc Oxide 8-8% Lotion
Equivalent to: Calamine
Size: 6 oz
Price: **\$6.99**

Q9



Hydrocortisone 1% Ointment
Equivalent to: Cortaid
Size: 1 oz
Price: **\$2.89**

Q10



Epsom Salt Granules
Equivalent to: Epsom Salt
Size: 1 lb
Price: **\$2.59**

Products are sent with at least three (3) months of shelf life. Images and products may vary depending on availability.

FIRST AID

Q11

Hydrogen Peroxide .3% Solution
 Equivalent to:
 Peroxide
 Size: 16 oz
 Price: **\$1.49**


Q13

Iodine Tincture 2%
 Equivalent to:

 Size: 1 oz
 Price: **\$7.89**


Q14

Povidone-Iodine 10% Solution
 Equivalent to:
 Betadine
 Size: 8 oz
 Price: **\$7.09**


Q15

Isopropyl Alcohol 70% Solution
 Equivalent to:
 Alcohol Isopropyl
 Size: 16 oz
 Price: **\$3.10**


Q16

Petroleum Jelly
 Equivalent to: Vaseline
 Size: 3.75 oz
 Price: **\$2.49**


Q18

Triple Antibiotic Plus Pain Relief
 Equivalent to: ---
 Size: 1 oz
 Price: **\$3.06**


Q19

Powder Free Exam Gloves Universal Large
 Equivalent to: ----
 Quantity: 100
 Price: **\$6.99** 


Q21

Plastic Bandage A/B Ap 0.1%
 Equivalent to: Band-Aid
 Quantity: 60
 Price: **\$2.10**


Q22

Sheer Bandage A/B Ap 0.1% Astd
 Equivalent to: Band-Aid
 Quantity: 20
 Price: **\$2.29**



Products are sent with at least three (3) months of shelf life. Images and products may vary depending on availability.

LIMITS IN THE NUMBER OF ITEMS BY CATEGORY MAY APPLY. PRICE VARIES BY ESTABLISHMENT.

FIRST AID

Q23



Alcohol Swabs Isopropyl Alcohol 70%

Equivalent to: -----

Quantity: 100

Price: \$2.49 ▲ 🚚

Q24



Sterile Pads 3"X 3"

Equivalent to: Band-Aid

Quantity: 25

Price: \$4.59 ▲

Q25



Sterile Pads 4"x 4"

Equivalent to: Band-Aid

Quantity: 10

Price: \$3.79 ▲

Q26



Pads Sterile Non-Stick 3" X 4"

Equivalent to:

Band-Aid

Quantity: 10

Price: \$3.49 ▲

Q27



Rolled Bandage Gauze 3"X 2.5 Yd

Equivalent to: Band-Aid

Size: 2.5 yd.

Price: \$2.69 ▲

Q28



Paper Tape Dispenser 1 inch

Equivalent to:

3M Tape

Size: 10 yd

Price: \$4.60 ▲

Q29



Tape Waterproof Adhesive 1"

Equivalent to: Band-Aid

Size: 5 yd

Price: \$2.99 ▲

Q30



Elastic Bandage 3 x 5 Yds

Equivalent to: -----

Size: 5 yd

Price: \$8.50 ▲

Q31



Cotton Balls

Equivalent to:

Cotton Balls

Quantity: 100

Price: \$3.99

Products are sent with at least three (3) months of shelf life. Images and products may vary depending on availability.

FIRST AID

Q32



First Aid Kit

Equivalent to: J&J First Aid Kit

Quantity: 70 pc

Price: \$12.09

Q33



Wart Remover Liquid 17%

Equivalent to:

Dr. Scholl's Wart

Size: 9 ml

Price: \$6.50

Q34



Disposable Face Masks "Earloop"

Equivalent to: ----

Quantity: 10

Price: \$6.30

Q35



Plastic Face Shields

Equivalent to: ----

Quantity: 1

Price: \$5.52

Q36



Bay Rum

Equivalent to: ----

Size: 12 oz

Price: \$3.67



Q37



DERMOPLAST AEROSOL 20-0.5%

Equivalent to: ----

Quantity: 78 g

Price: \$8.29

Q39



Cotton Swab Double Tipped

Equivalent to:

Q-TIPS

Quantity: 375

Price: \$2.75

Q40



Sterile Pads 2" X 2"

Equivalent to: -----

Quantity: 25 pads

Price: \$3.95 ▲ 

NUTRITIONAL SUPPLEMENTS

R1



ENSURE VANILLA EAGLE

Equivalent to: ----

Quantity: 6

Price: \$10.71

Products are sent with at least three (3) months of shelf life. Images and products may vary depending on availability.

LIMITS IN THE NUMBER OF ITEMS BY CATEGORY MAY APPLY. PRICE VARIES BY ESTABLISHMENT.

NUTRITIONAL SUPPLEMENTS

R2



ENSURE CHOCOLATE EAGLE

Equivalent to: ----

Quantity: 6

Price: **\$10.71**



R3



ENSURE STRAWBERRY EAGLE

Equivalent to: ----

Quantity: 6

Price: **\$10.71**



R4



ENSURE BUTTER PECAN EAGLE

Equivalent to: ----

Quantity: 6

Price: **\$10.71**



R9



GLUCERNA VANILLA SHAKES

Equivalent to: ----

Quantity: 6

Price: **\$12.91** ■



R10



GLUCERNA CHOCOLATE SHAKES

Equivalent to: ----

Quantity: 6

Price: **\$12.91** ■



R11



GLUCERNA STRAWBERRY SHAKES

Equivalent to: ----

Quantity: 6

Price: **\$12.91** ■



R15

BOOST ORIGINAL VANILLA SHAKES PACKAGE

Equivalent to: ----

Quantity: 6

Price: **\$11.99**



R16

BOOST ORIGINAL CHOCOLATE SHAKES PACKAGE

Equivalent to: ----

Quantity: 6

Price: **\$11.99**



R17

BOOST ORIGINAL STRAWBERRY SHAKES PACKAGE

Equivalent to: ----

Quantity: 6

Price: **\$11.99**



Products are sent with at least three (3) months of shelf life. Images and products may vary depending on availability.

NUTRITIONAL SUPPLEMENTS

R18

BOOST GLUCOSE CONTROL VAINILLA SHAKES PACKAGE

Equivalent to: ----

Quantity: 6

Price: \$11.99 ■



R19

BOOST GLUCOSE CONTROL CHOCOLATE SHAKES PACKAGE

Equivalent to: ----

Quantity: 6

Price: \$11.99 ■



R20

PEDIALYTE - ORAL ELECTROLYTE ADULT ORANGE

Equivalent to: ----

Quantity: 33 oz

Price: \$6.59



SAFETY DEVICES FOR HOME AND BATHROOM

T1

Medical Bathmat Non-Skid 13.4X 29

Equivalent to: ----

Quantity: 1

Price: \$16.65



T2

Raised Toilet Seat

Equivalent to: ----

Quantity: 1

Price: \$20.00 



T4

Handheld Shower Head

Equivalent to: ----

Quantity: 1

Price: \$16.50 



PROTEIN DERIVATIVES

S1

Collagen Plus Vitamin C Capsule

Equivalent to: ----

Quantity: 90

Price: \$13.99 ○



S3

Proteinex Equivalent to:

Size: 16 oz

Price: \$28.00



S4

JUVEN ORANGE THERAPEUTIC NUTRITION POWDER

Equivalent to: ----

Quantity: 8

Price: \$22.80 ○



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Natural supplements¹ and their possible uses.

At MMM, we work for your well-being. That is why we provide you with the health alternatives you need to take care of yourself at all times.

In the next sections, you will find natural products, such as:

- Protein derivatives
- Vitamins and minerals
- Herb-based items
- Homeopathic
- Probiotics

Natural products are made from medicinal plants, ecologically grown, free of chemicals, ensuring that the plants maintain their natural structure, with all their nutrients and therapeutic properties.

These products are not intended to diagnose, treat, cure, or prevent any disease. For this reason, you should always consult with your doctor or pharmacist and check to see if the supplements you choose could interfere with your follow-up medications.

Folic Acid (V17)

Blood cells, anemia, birth defects, memory

Orange Blossom Water (PN1)

Stress

Witch hazel (H12)

Astringent, healing, wound healing, anti-inflammatory, moisturizing

Garlic (PN14)

High blood cholesterol and high blood pressure.

Aloe Vera Soothing Gel (H15)

Moisturizing gel for skin, burns, acne, psoriasis, diabetic foot ulcers.

Alpha lipoic acid (PN2)

Weight loss, pain, heart, inflammation, aging.

Apetex (PN3)

Central nervous system, stress, energy, brain, digestion, appetite, red blood cells.

Arnica (U1), (U2), (U3), (U4), (U5)

Bruises, inflammations, muscle pain.

Biotin (V7), (V37)

Brittle nails, diabetes, alopecia.

Black Cohosh (PN4)

Symptoms of menopause.

Boswellia (PN5)

Anti-inflammatory, osteoarthritis, rheumatoid arthritis, joint pain, swelling of the fluid-filled pads in the joints (bursitis), and swelling of the tendons (tendonitis).

Caltrate (V9), **Calcium + D3** (V10), **Calcium/Magnesium/Zinc** (V11)

Bone, heart, blood pressure, muscle, diabetes.

Cinnamon (PN8)

Diabetes

Chamomille (PN6)

Indigestion, stress, menstrual pain, diabetes, inflammation.

Collagen Plus Vitamin C (S1), (S6)

Joint pain, skin, osteoporosis, hair, nails.

COQ-10 (V12)

Antioxidant, heart, diabetes, myopathies, Parkinson's, physical performance.

Cranberry (PN9)

Prevention of urinary infections.

Earache Relief Drops (U6)

Earache

Echinacea (PN10)

Common cold

Eye Health W/Lutein (PN12)

Eye disease, macular degeneration, cataract prevention.

Fish Oil (PN13), **Super Omega 3** (PN34)

Cardiovascular disease, cancer prevention, Alzheimer's disease, dementia and cognitive function, macular degeneration, dry eye disease, arthritis.

Ginkgo Biloba (PN16)

Anxiety, depression, brain function, dementia, antioxidant, inflammation.

MADE FOR YOU!

Glucosamine/ Chondroitin W/MSM (PN17), **Osteo Bi Flex Triple Strength** (PN31)

Anti-inflammatory, joints, arthritis, inflammation, pain.

Immune Support (E31), **Emergen-C** (E32)

Common cold, antioxidant, prevention of cardiovascular disease, macular degeneration.

Ginger (PN15)

Nausea, indigestion, anti-inflammatory, muscle pain, weight loss, menstrual cramps, common cold.

Juven Therapeutic Nutrition Powder (S4), (S5)

Wound healing

Lactobacillus, Phillips Colon Health Daily Probiotic (K43), (K44)

Atopic dermatitis, antibiotic-related diarrhea, irritable bowel syndrome, cholesterol, obesity, post-antibiotic vulvovaginal candidiasis.

L-Lysine (PN28)

Anxiety, stress, bones, cold sores

Magnesium (V4), (V5)

Heart, constipation, high blood pressure, diabetes, osteoporosis, migraines.

Melatonin (PN29), (V38)

Insomnia, jet lag, anxiety.

Menopause Cap (PN11)

Women's hormonal balance.

Milk Thistle (PN30)

Liver disorder and gallbladder problems.

Multivitamins (V18,19,20,21,22,23,30,31,32,35,36,PN38)

Increases nutrient intake to improve health and prevent chronic conditions.

Papaya (PN32)

Digestion

Passion Flower (PN33)

Anxiety

Preser Vision AREDS 2 Caps (V28)

Helps reduce the risk of progression of macular degeneration related to from moderate to advanced age, contains lutein and zeaxanthin.

Chromium Picolinate (PN7)

Diabetes, metabolic syndrome, polycystic ovary syndrome, high cholesterol levels, weight control.

Potassium (V26)

Blood pressure, kidney stones, bones, diabetes.

Serenita Original (PN79)

Helps keep nerves calm and helps with insomnia.

Ferrous Sulfate (V16)

Blood cells, anemia.

Turmeric (PN75)

Inflammation, arthritis, digestive disorders, respiratory infections, allergies.

Valerian (PN76)

Insomnia, nervousness, tremors, headaches.

Vasoflex (PN77)

Circulation, improves blood flow.

Vitamin A (V1)

Eye health

Vitamin B-1 (V2), **Vitamin B-6** (V3), **Complex with Vitamin C** (V4)

Central nervous system, stress, energy, brain, digestion, appetite, red blood cells.

Vitamin B-12 (Cyanocobalamin) (V5), (V6)

Central nervous system, stress.

Vitamin C (V8), (V33)

Common cold, antioxidant, prevention, cardiovascular disease, macular degeneration.

Vitamin D3 (V13), (V14), (V29)

Bones, heart, blood pressure, and muscles.

Vitamin E (V15)

Immune system, antioxidant, skin.

Vitamins with Lipotropics (PN78)

Ear health, dizziness, and tinnitus (ringing in the ear).

Zicam Sinus gel Relief (U7)

Cold, allergy, congestion.

Zinc (V27)

Immune system, wound healing, diarrhea, common cold, macular degeneration.

1. These statements have not been evaluated by the Food and Drug Administration (FDA). The Food and Drug Administration (FDA) suggests consulting with a healthcare professional before using any dietary supplement. Many supplements contain ingredients that have strong biological effects and such products may not be safe for everyone. Improper use of supplements can be harmful. Taking a combination of supplements, using these products along with medications, or substituting them in place of prescribed medications can produce harmful, even fatal, results. Always remember to consult with your doctor.

LIMITS IN THE NUMBER OF ITEMS BY CATEGORY MAY APPLY. PRICE VARIES BY ESTABLISHMENT.

PROTEIN DERIVATIVES

S5

JUVEN FRUIT PUNCH THERAPEUTIC NUTRITION POWDER

Equivalent to: ----
Quantity: 8
Price: **\$22.80** ●



S6

LIQUID COLLAGEN WITH VITAMIN C

Equivalent to: ----

Size: 16 oz
Price: **\$11.25** ● 🚚



U1

ARNICARE GEL

Equivalent to: ----

Size: 2.6 oz
Price: **\$9.99** ●



U2

ARNICA MONTANA PELLETS

Equivalent to: ----
Quantity: 30
Price: **\$7.49** ●



U3

ARNICARE PAIN RELIEF CREAM

Equivalent to: ----

Size: 1.33 oz
Price: **\$7.99** ●



U4

ARNICARE OINTMENT

Equivalent to: ----

Size: 1 oz
Price: **\$7.99** ●



U5

ARNICARE ARTHRITIS TABLETS

Equivalent to: ----
Quantity: 60
Price: **\$12.90** ●



U6

EARACHE RELIEF DROPS

Equivalent to: ----

Size: 10 ml
Price: **\$9.99** ●



U7

ZICAM SINUS GEL RELIEF

Equivalent to: ----

Size: 0.5 oz
Price: **\$14.99** ●



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VITAMINS AND MINERALS

V1

Vitamin A
10,000 IU
Softgel

Equivalent to: -----
 Quantity: 100
 Price: **\$7.39** ●


V2

Vitamin B-1
Tablets 100 mg

Equivalent to: -----
 Quantity: 100
 Price: **\$6.60** ● 🚚


V3

Vitamin B-6
Tablets 100 mg

Equivalent to: -----
 Quantity: 100
 Price: **\$6.00** ●


V4

B-Complex Plus
Vitamin C Caps

Equivalent to: -----
 Quantity: 100
 Price: **\$9.17** ●


V5

Vitamin B-12
(Cyanocobalamin)
Tablets 1,000 mcg

Equivalent to: -----
 Quantity: 60
 Price: **\$5.59** ●


V6

Vitamin B-12
(Cyanocobalamin)
1,000 Mcg
Sublingual Tablets

Equivalent to: -----
 Quantity: 60
 Price: **\$6.99** ●


V7

Biotin
10,000 mcg
Tablets

Equivalent to: -----
 Quantity: 100
 Price: **\$13.19** ●


V8

Vitamin C
500 mg Tablets

Equivalent to: -----
 Quantity: 100
 Price: **\$5.43** ●


V9

CALTRATE 600
+ D3 TABLETS
600MG-800 IU

Equivalent to: -----
 Quantity: 60
 Price: **\$9.99** ●



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● = Dual purpose drugs and/or items. These drugs and/or items can be used for more than one condition.

🚚 = Items available for home delivery only.

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VITAMINS AND MINERALS

V10

Calcium 600 + D3 Tablets
600 mg-800 IU
Equivalent to:
Caltrate 600 + D
Quantity: 60
Price: \$2.79 ●



V11

Calcium Magnesium Zinc Tabs
Equivalent to:

Quantity: 100
Price: \$6.19 ●



V12

CoQ10 Capsule 200 mg
Equivalent to: -----
Quantity: 30
Price: \$14.91 ●



V13

Vitamin D3 Tablets 1,000 IU
Equivalent to: -----
Quantity: 75
Price: \$3.49 ●



V14

Vitamin D3 Softgel 90 mg-10,000 IU
Equivalent to: -----
Quantity: 100
Price: \$6.69 ●



V15

Vitamin E 400 IU Softgel
Equivalent to: -----
Quantity: 100
Price: \$15.21 ●



V16

Ferrous Sulfate 325 mg Tablets
Equivalent to:
Feosol
Quantity: 125
Price: \$4.89 ● 🚚



V17

Folic Acid 400 mcg Tablets
Equivalent to: -----
Quantity: 250
Price: \$6.09 ● 🚚



V18

Multivitamin Adult Tabs
Equivalent to:
Centrum Adults
Quantity: 300
Price: \$20.19 ●



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VITAMINS AND MINERALS

V19

**Multivitamin
W/Iron Tablets**
Equivalent to: -----

Quantity: 100
Price: \$10.69 ○



V20

**CENTRUM
SILVER WOMEN**

Equivalent to: -----
Quantity: 65
Price: \$10.39 ○



V21

**Multivitamin
Women Tablets**
Equivalent to: Centrum Adults Women's
Quantity: 100
Price: \$6.60 ○



V22

**CENTRUM
SILVER MEN**
Equivalent to: -----
Quantity: 65
Price: \$10.39 ○



V23

**Multivitamin
MEN Tabs**
Equivalent to: Centrum Adults Men's
Quantity: 100
Price: \$7.89 ○



V24

**Magnesium
250 mg
Tablets**
Equivalent to: -----
Quantity: 100
Price: \$5.09 ○



V25

**Magnesium
Oxide 400 mg
Caps**
Equivalent to: Mag-Ox 400
Quantity: 120
Price: \$5.89 ○



V26

**Potassium
99 mg Tablets**
Equivalent to: -----
Quantity: 100
Price: \$5.00 ○



V27

**Zinc Gluconate
50mg Tablets**
Equivalent to: -----
Quantity: 100
Price: \$6.29 ○



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LIMITS IN THE NUMBER OF ITEMS BY CATEGORY MAY APPLY. PRICE VARIES BY ESTABLISHMENT.

VITAMINS AND MINERALS

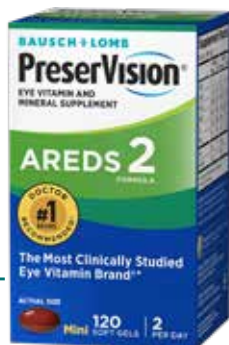
V28

PRESER VISION AREDS 2 CAPS

Equivalent to: ----

Quantity: 120

Price: \$33.74 ●



V29

MAXIMUM D3 13,000 IU CAPS

Equivalent to: ----

Quantity: 5

Price: \$7.42 ● 🚚



V30

CENTRUM MULTIGUMMIES WOMEN 50+

Equivalent to: ----

Quantity: 80

Price: \$13.46 ●



V31

CENTRUM GUMMIES MEN 50+

Equivalent to: ----

Quantity: 80

Price: \$13.46 ●



V32

CENTRUM GUMMIES ADULT 50+

Equivalent to: ----

Quantity: 90

Price: \$13.46 ●



V33

VITAMIN C 500 MG GUMMIES

Equivalent to: ----

Quantity: 30

Price: \$8.49 ●



V34

HAIR, SKIN, & NAILS GUMMIES

Equivalent to: ----

Quantity: 30

Price: \$9.44 ●



V35

MEN'S MULTIVITAMINS GUMMIES

Equivalent to: ----

Quantity: 30

Price: \$8.50 ●



V36

WOMEN'S MULTIVITAMINS GUMMIES

Equivalent to: ----

Quantity: 30

Price: \$8.50 ●



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VITAMINS AND MINERALS

V37

BIOTIN GUMMIES

Equivalent to: ----
 Quantity: 30
 Price: **\$8.22** 🚚


V38

SLEEP GUMMIES

Equivalent to: ----
 Quantity: 30
 Price: **\$7.05** 🚚


V39

LIQUID-C

Equivalent to: ----
 Size: 120 ml
 Price: **\$8.99** ▲



HERBAL/NATURAL PRODUCTS

PN1

ORANGE BLOSSOM WATER

Equivalent to: ----
 Size: 8 oz
 Price: **\$3.59** 🚚


PN2

Alpha Lipoic Acid 300 mg Caps

Equivalent to: ----
 Quantity: 50
 Price: **\$9.99** 🚚


PN3

Apetex Liquid

Equivalent to: Apetigen Liquid
 Size: 474 ml
 Price: **\$20.82** 🚚


PN4

Black Cohosh Caps

Equivalent to: ----
 Quantity: 60
 Price: **\$8.85** 🚚


PN5

Boswellia 400mg Caps

Equivalent to: ----
 Quantity: 60
 Price: **\$12.98** 🚚


PN6

Chamomile 400 mg Caps

Equivalent to: ----
 Quantity: 120
 Price: **\$9.30** 🚚



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LIMITS IN THE NUMBER OF ITEMS BY CATEGORY MAY APPLY. PRICE VARIES BY ESTABLISHMENT.

HERBAL/NATURAL PRODUCTS

PN7

Chromium Picolinate
200 mg Tablets
Equivalent to:

Quantity: 100
Price: **\$6.59** ●



PN8

Cinnamon
500 mg Caps
Equivalent to:

Quantity: 60
Price: **\$7.95** ●



PN9

Cranberry
140 mg Caps
Equivalent to:

Quantity: 90
Price: **\$8.59** ●



PN10

Echinacea
400 mg Caps
Equivalent to:

Quantity: 100
Price: **\$6.99** ●



PN11

Menopause Caps
Equivalent to:

Quantity: 60
Price: **\$19.97** ●



PN12

Eye Health W/ Lutein
Soft Gel
Equivalent to:

Ocuvite Lutaine Zeaxanthin
Quantity: 36
Price: **\$9.00** ●



PN13

Fish Oil
1000 mg Soft Gel
Equivalent to:

Quantity: 60
Price: **\$8.50** ●▲



PN14

Garlic
200 mcg Caps
Equivalent to:

Quantity: 120
Price: **\$7.99** ●



PN15

Ginger
500 mg Caps
Equivalent to:

Quantity: 120
Price: **\$8.99** ●



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HERBAL/NATURAL PRODUCTS

PN16

**Ginkgo Biloba
40 mg Caps**
Equivalent to:

Quantity: 60
Price: **\$11.99** ●



PN17

**Glucosamine
/ Chondroitin
W/MSM Caps**
Equivalent to:

Quantity: 90
Price: **\$11.99** ●



PN28

**L-Lysine
500 mg Tablets**
Equivalent to:

Quantity: 100
Price: **\$5.79** ●



PN29

**Melatonin
5 mg Tablets**
Equivalent to:

Quantity: 100
Price: **\$4.09** ●



PN30

**Milk Thistle
Caps**
Equivalent to:

Quantity: 60
Price: **\$7.65** ●



PN31

**OSTEO BI FLEX
TRIPLE
STRENGTH
TABLETS**

Equivalent to: ---
Quantity: 40
Price: **\$16.75** ●



PN32

**Papaya
Enzyme
Chewable**
Equivalent to:

Quantity: 100
Price: **\$9.49** ●



PN33

**Passion Flower
250 mg Caps**
Equivalent to:

Quantity: 120
Price: **\$10.32** ●



PN34

**Omega
3-6-9**
Equivalent to:

Quantity: 60
Price: **\$13.09** ●

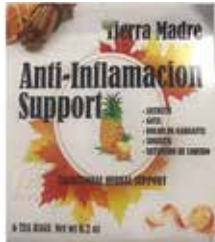


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LIMITS IN THE NUMBER OF ITEMS BY CATEGORY MAY APPLY. PRICE VARIES BY ESTABLISHMENT.

HERBAL/NATURAL PRODUCTS

PN35



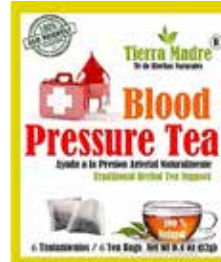
TIERRA MADRE - ANTI-INFLAMMATION TEA

Equivalent to: ----

Quantity: 5 bags

Price: \$2.40

PN36



TIERRA MADRE - BLOOD PRESSURE TEA

Equivalent to: ----

Quantity: 6 bags

Price: \$2.40

PN37



TIERRA MADRE - ACID REFLUX TEA

Equivalent to: ----

Quantity: 6 bags

Price: \$2.40

PN38



TIERRA MADRE - ALLERGIES TEA

Equivalent to: ----

Quantity: 6 bags

Price: \$2.40

PN39



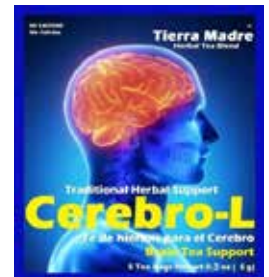
TIERRA MADRE - BRONCHITIS TEA

Equivalent to: ----

Quantity: 5 bags

Price: \$2.40

PN40



TIERRA MADRE - BRAIN SUPPORT TEA

Equivalent to: ----

Quantity: 5 bags

Price: \$2.40

PN41



TIERRA MADRE - COLLAGEN TEA

Equivalent to: ----

Quantity: 6 bags

Price: \$2.40

PN42



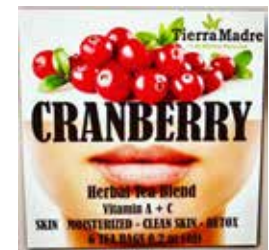
TIERRA MADRE - CHOLESTEROL TEA

Equivalent to: ----

Quantity: 5 bags

Price: \$2.40

PN43



TIERRA MADRE - CRANBERRY TEA

Equivalent to: ----

Quantity: 6 bags

Price: \$2.40

Products are sent with at least three (3) months of shelf life. Images and products may vary depending on availability.



HERBAL/NATURAL PRODUCTS

PN44



TIERRA MADRE - DIABETES TEA

Equivalent to: ----

Quantity: 6 bags

Price: \$2.40  

PN45



TIERRA MADRE - UPSET STOMACH TEA

Equivalent to: ----

Quantity: 6 bags

Price: \$2.40  

PN46



TIERRA MADRE - MUSCULAR ARTHRITIS TEA

Equivalent to: ----

Quantity: 6 bags

Price: \$2.40  

PN47



TIERRA MADRE - ENERGY TEA

Equivalent to: ----

Quantity: 6 bags

Price: \$2.40  

PN48



TIERRA MADRE - CONSTIPATION TEA

Equivalent to: ----

Quantity: 5 bags

Price: \$2.40  

PN49



TIERRA MADRE - EUCALYPTUS, GINGER, LEMON TEA

Equivalent to: ----

Quantity: 6 bags

Price: \$2.40  

PN50



TIERRA MADRE - SORE THROAT TEA

Equivalent to: ----

Quantity: 6 bags

Price: \$2.40  

PN51



TIERRA MADRE - GASTRITIS TEA

Equivalent to: ----

Quantity: 5 bags

Price: \$2.40  

PN52



TIERRA MADRE - FLU TEA

Equivalent to: ----

Quantity: 5 bags

Price: \$2.40  

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 = Items available for home delivery only.

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HERBAL/NATURAL PRODUCTS

PN53



TIERRA MADRE - SOURSOP HEALTHY SUPPORT TEA

Equivalent to: ---

Quantity: 6 bags

Price: \$2.40 ● 🚚

PN54



TIERRA MADRE - CLEAN LIVER TEA

Equivalent to: ---

Quantity: 5 bags

Price: \$2.40 ● 🚚

PN55



TIERRA MADRE - IMMUNE DEFENSE TEA

Equivalent to: ---

Quantity: 5 bags

Price: \$2.40 ● 🚚

PN56



TIERRA MADRE - INSOMNIA TEA

Equivalent to: ---

Quantity: 6 bags

Price: \$2.40 ● 🚚

PN57



TIERRA MADRE - GINGER ORANGE TEA

Equivalent to: ---

Quantity: 6 bags

Price: \$2.40 ● 🚚

PN58



TIERRA MADRE - STOMACH DIETER'S LAXATIVE TEA

Equivalent to: ---

Quantity: 5 bags

Price: \$2.40 ● 🚚

PN59



TIERRA MADRE - CHAMOMILE TEA

Equivalent to: ---

Quantity: 5 bags

Price: \$2.40 ● 🚚

PN60



TIERRA MADRE - MIGRAINE TEA

Equivalent to: ---

Quantity: 6 bags

Price: \$2.40 ● 🚚

PN61



TIERRA MADRE - OLEIFERA TEA

Equivalent to: ---

Quantity: 5 bags

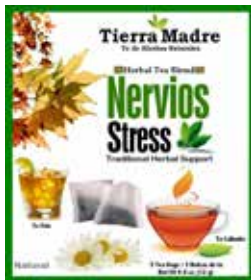
Price: \$2.40 ● 🚚

Products are sent with at least three (3) months of shelf life. Images and products may vary depending on availability.



HERBAL/NATURAL PRODUCTS

PN62



TIERRA MADRE - STRESS TEA

Equivalent to: ----

Quantity: 6 bags

Price: \$2.40  

PN63



TIERRA MADRE - PROSTATE TEA

Equivalent to: ----

Quantity: 6 bags

Price: \$2.40  

PN64



TIERRA MADRE - ACID REFLUX TEA

Equivalent to: ----

Quantity: 6 bags

Price: \$2.40  

PN65



TIERRA MADRE - KIDNEY SUPPORT TEA

Equivalent to: ----

Quantity: 6 bags

Price: \$2.40  

PN66



TIERRA MADRE - SINUS TEA

Equivalent to: ----

Quantity: 5 bags

Price: \$2.40  

PN67



TIERRA MADRE - SLIM TEA

Equivalent to: ----

Quantity: 5 bags

Price: \$2.40  

PN68



TIERRA MADRE - CINNAMON TEA

Equivalent to: ----

Quantity: 6 bags

Price: \$2.40  

PN69



TIERRA MADRE - NERVOUS TENSION RELIEF TEA

Equivalent to: ----

Quantity: 6 bags

Price: \$2.40  

PN70



TIERRA MADRE - COUGH TEA

Equivalent to: ----

Quantity: 6 bags

Price: \$2.40  

Products are sent with at least three (3) months of shelf life. Images and products may vary depending on availability.

 = Dual purpose drugs and/or items. These drugs and/or items can be used for more than one condition.
 = Items available for home delivery only.

LIMITS IN THE NUMBER OF ITEMS BY CATEGORY MAY APPLY. PRICE VARIES BY ESTABLISHMENT.

HERBAL/NATURAL PRODUCTS

PN71

**TIERRA
MADRE -
TURMERIC TEA**

Equivalent to: ----

Quantity: 6 bags

Price: \$2.40 



PN72

**TIERRA
MADRE -
VIRUS TEA**

Equivalent to: ----

Quantity: 6 bags

Price: \$2.40 



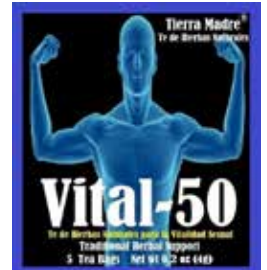
PN73

**TIERRA
MADRE -
VITAL-50 TEA**

Equivalent to: ----

Quantity: 5 bags

Price: \$2.40 



PN74

**TIERRA
MADRE -
VITAMIN-C TEA**

Equivalent to: ----

Quantity: 5 bags

Price: \$2.40 



PN75

**Turmeric
500 mg Caplets**

Equivalent to: ----

Quantity: 60 caps

Price: \$6.99 



PN76

**Valerian
Root Caplets**

Equivalent to: ----

Quantity: 60

Price: \$8.85 



PN77

**VASOFLEX
TABLETS**

Equivalent to: ----

Quantity: 60

Price: \$22.99 



PN78

**Vitamins
W/ Lipotropics
Tablets**

Equivalent to: ----

Quantity: 100

Price: \$25.50 



PN79

**SERENITA
ORIGINAL**

Equivalent to: ----

Quantity: 60

Price: \$6.00 



Products are sent with at least three (3) months of shelf life. Images and products may vary depending on availability.



HERBAL/NATURAL PRODUCTS

PN80

Liquid Vitamin

Equivalent to: ----

Size: 8 oz

Price: \$9.99



COVID-19 TEST KIT

X1



COVID-19 ANTIGEN HOME TEST

Equivalent to: ----

Quantity: 1

Price: \$6.50



PHYSICAL TRAINING BENEFIT

Z2



EXERCISE PEDAL

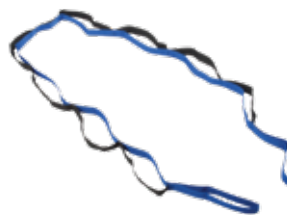
Equivalent to: ----

Quantity: 1

Price: \$43.25



Z3



EXERCISE STRETCH BAND

Equivalent to: ----

Quantity: 1

Price: \$13.50



Products are sent with at least three (3) months of shelf life. Images and products may vary depending on availability.



= Items available for home delivery only.



= Items safe for use by people with diabetes (do not contain sugar).

FREQUENTLY ASKED QUESTIONS

What are OTC drugs?

OTC drugs and items are health-related drugs and items that are available over the counter, outside of the pharmacy area. The cost of these OTC drugs will not count towards your total Part D drug costs.

How does this benefit work?

Your coverage offers you a limited amount of money for OTC drugs and items. Refer to your Evidence of Coverage document for more details. This benefit offers you the opportunity to purchase drugs and items from a list that includes several categories, from painkillers to homeopathic medicines and vitamins. It also gives you the opportunity to maximize your Medicare Part D benefit and maintain your drug therapy throughout the year.

How long is this catalog valid?

The current catalog is valid for the 2026 policy year, until December 31st.

How long will it take for my order to be delivered?

If you use the At Your Door service, it will take, approximately, no more than 5 working days after you complete the order. If you prefer to use your benefit at the pharmacy, you can pick up the items the same day. For orders placed by residents of island municipalities Vieques and Culebra, deliveries are made every two weeks (no more than 10 working days).

How do I know how much money I have available to order?

Each coverage has different benefits. To check the amount allocated to your coverage, check on the mobile application, in the OTC at Your Door section directly, by calling Member Services, or by visiting one of our service offices near you.

Can I share my benefit with a family member or friend?

OTC drugs and items are intended only for members' use to assist with a medical or health need. Use of this benefit to order OTC items for family and friends is prohibited.

If I get a damaged item at home, what is the process for exchanging or returning?

If you receive a damaged item, call us within 30 days of receipt of your order. A replacement item will be sent to you. Other returns or exchanges are not allowed.

FREQUENTLY ASKED QUESTIONS

May I purchase disposable diapers and other adult incontinence items, pressure monitor, and gloves at the pharmacy?

No. These items are only available for home delivery.

Is there a different catalog for the pharmacy?

No, the catalog is the same. However, prices, presentations, and product names may vary by pharmacy.

Where do I need to go in the pharmacy and how do I order catalog items?

You will be able to pick up OTC items at your favorite pharmacy, WITHOUT A PRESCRIPTION, in the pharmacy area. The items offered through this service are listed in the OTC catalog.

Which ones are the participating pharmacies?

You can find the list of pharmacies in the Providers' Directory or on our website: www.mmmpr.com.

Are the prices shown on the OTC to Your Door catalog the same as in my pharmacy?

Not necessarily. We study market prices to make sure that catalog prices are similar to those. However, there might be a slight difference in prices among the diverse businesses.

May I order by phone or on the mobile application directly to the pharmacy of my choice and pick it up later?

No. The phone or mobile ordering service is exclusive to the OTC at Your Door program.

If the total cost of the OTC items I'm picking up at the pharmacy surpasses my available balance, can I pay the difference at the pharmacy?

Yes. If the amount due is greater than your available balance, you can pay the difference at the pharmacy.

For your safety, we have arranged that every product in this program is sent with, at least, three (3) months of shelf life. Remember to store products appropriately, according to instructions.

MMM Healthcare, LLC., complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. MMM Healthcare, LLC., cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo. Y0049_2026 4041 0026 1_M

Important Information

Consider managing your monthly drug costs with the Medicare Prescription Payment Plan. You might benefit from participating in the Medicare Prescription Payment Plan because you have high drug costs.

What's the Medicare Prescription Payment Plan?

The Medicare Prescription Payment Plan is a new payment option that works with your current drug coverage to help you manage your out-of-pocket Medicare Part D drug costs by spreading them across the calendar year (January– December). Starting in 2026, anyone with a Medicare drug plan or Medicare health plan with drug coverage (like a Medicare Advantage Plan with drug coverage) can use this payment option for drugs covered by Part D. **All plans offer this payment option and participation is voluntary.**

If you select this payment option, each month, you'll continue to pay your plan premium (if you have one), and you'll get a bill from your health or drug plan to pay for your prescription drugs (instead of paying the pharmacy). There's no cost to participate in the Medicare Prescription Payment Plan, and you won't pay any interest or fees on the amount you owe, even if your payment is late.

Will this payment option help me?

It depends on your situation. If you have high out-of-pocket drug costs earlier in the calendar year, this payment option spreads out what you'll pay each month across the calendar year (Jan – Dec), so you don't have to pay out-of-pocket costs to the pharmacy. **This payment option might help you manage your monthly expenses, but it doesn't save you money or lower your drug costs.** Visit [Medicare.gov/basics/costs/help/drug-costs](https://www.Medicare.gov/basics/costs/help/drug-costs) to learn about programs that can help lower your drug costs.

How will my costs work?

The prescription drug law caps your out-of-pocket costs at \$2,100 in 2026. This means you'll never pay more than \$2,100 in out-of-pocket drug costs in 2026. This is true for everyone with Medicare drug coverage, even if you don't join the Medicare Prescription Payment Plan.

When you fill a prescription for a drug covered by Part D, you won't pay your pharmacy (including mail order and specialty pharmacies). Instead, you'll get a bill each month from your health or drug plan. Your monthly bill is based on what you would have paid for any prescriptions you get, plus your previous month's balance, divided by the number of months left in the year.

Even though you won't pay for your drugs at the pharmacy, you're still responsible for the costs. If you want to know what your drug will cost before you take it home, call your plan or ask the pharmacist.

Products are sent with at least three (3) months of shelf life. Images and products may vary depending on availability.

Note: Your payments might change every month, so you might not know what your exact bill will be ahead of time.

Future payments might increase when you fill a new prescription (or refill an existing prescription) because, as new out-of-pocket drug costs get added to your monthly payment, there are fewer months left in the year to spread out your remaining payments.

How do I know if this payment option might not be the best choice for me?

This payment option might not be the best choice for you if:

- Your yearly drug costs are low.
- Your drug costs are the same every month.
- You're considering signing up for the payment option late in the calendar year (after September).
- You don't want to change how you pay for your drugs.
- You get or are eligible for Extra Help from Medicare.
- You get or are eligible for a Medicare Savings Program.
- You get help paying for your drugs from other organizations, like a State Pharmaceutical Assistance Program (SPAP), a coupon program, or other health coverage.

Who can help me decide if I should participate?

- **Your health or drug plan:** Visit your plan's website or call your plan to get more information. If you need to pick up a prescription urgently, call your plan to discuss your options.
- **Medicare:** Visit [Medicare.gov/prescription-payment-plan](https://www.Medicare.gov/prescription-payment-plan) to learn more about this payment option and if it might be a good fit for you.
- **State Health Insurance Assistance Program (SHIP):** Visit shiphelp.org to get the phone number for your local SHIP and get free, personalized health insurance counseling.

How do I sign up?

Visit your health or drug plan's website or call your plan to start participating in this payment option at any time during the plan year.

Need this information in another format or language?

To get this material in other formats like large print, braille, or another language, contact your Medicare drug plan at the phone number on the back of your membership card. If you need help contacting your plan, call **1-800-MEDICARE (1-800-633-4227)**, 24 hours a day, 7 days a week.

TTY users can call **1-877-486-2048**.

This information does not apply to members enrolled in Platino coverages.



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2026

OTC *Drugs and Items Catalog*

787-620-2397

1-866-333-5470 (toll free)

TTY: 711 (hearing impaired)

Monday to Sunday, from 8:00 a.m. to 8:00 p.m.

*Order OTC items, Monday to Friday, from 8:00 a.m. to 6:00 p.m.,
and Saturday, from 8:00 a.m. to 1:00 p.m.*



www.mmmpr.com



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we walktogether