



List of Eligibility Criteria for MMM Flexi Card and MMM Assistance

These benefits have been designed for patients with chronic conditions, diagnosed by a physician. If you have been diagnosed by a doctor with one or more of these conditions and your coverage includes MMM Flexi Card and MMM Assistance, then you qualify to benefit from them.

- **Chronic alcohol or another drug dependence**
- **Autoimmune disorders**
 - Polyarteritis nodosa
 - Polymyalgia rheumatica
 - Polymyositis
 - Dermatomyositis
 - Rheumatoid arthritis
 - Systemic lupus erythematosus
 - Psoriatic Arthritis
 - Scleroderma
- **Cancer**
- **Cardiovascular disorders**
 - Cardiac arrhythmias
 - Coronary artery disease
 - Peripheral vascular disease
 - Valvular heart disease
 - Hyperlipidemia
- **Chronic cardiac failure**
- **Dementia**
- **Diabetes mellitus**
 - Pre-diabetes (Fasting blood glucose: 100-125 mg/dL or Hgb A1c: 5.7-6.4%)
- **Overweight, obesity, and metabolic syndrome**
 - Hyperlipidemia
- **Chronic gastrointestinal disease**
 - Chronic liver disease
 - Non-alcoholic fatty liver disease (NAFLD)
 - Hepatitis B
 - Hepatitis C
 - Pancreatitis
 - Irritable bowel syndrome
 - Inflammatory bowel disease
- **Chronic kidney disease (CKD)**
 - CKD requiring dialysis / End-stage renal disease (ESRD)
 - CKD not requiring dialysis
- **Severe hematologic disorders**
 - Aplastic anemia
 - Hemophilia
 - Immune thrombocytopenic purpura
 - Myelodysplastic syndrome
 - Sickle-cell disease (excluding sickle-cell trait)
 - Chronic venous thromboembolic disorder
- **HIV / AIDS**
- **Chronic lung disorders**
 - Asthma
 - Chronic bronchitis
 - Cystic fibrosis
 - Emphysema
 - Pulmonary fibrosis
 - Pulmonary hypertension
 - Chronic obstructive pulmonary disease (COPD)
- **Chronic and disabling mental health conditions**
 - Bipolar disorders
 - Major depressive disorders
 - Paranoid disorder
 - Schizophrenia
 - Schizoaffective disorder
 - Post-traumatic stress disorder (PTSD)
 - Eating disorders
 - Anxiety disorders
- **Neurologic disorders**
 - Amyotrophic lateral sclerosis (ALS)
 - Cerebral palsy
 - Epilepsy
 - Extensive paralysis (such as hemiplegia, quadriplegia, paraplegia, monoplegia)
 - Huntington's disease
 - Parkinson's disease
 - Polyneuropathy
 - Multiple sclerosis
 - Fibromyalgia
 - Chronic fatigue syndrome
 - Spinal cord injuries
 - Spinal stenosis
 - Stroke-related neurologic deficit
 - Traumatic brain injury
- **Stroke**
- **Post-organ transplantation care**
- **Immunodeficiency and immunosuppressive disorders**

- **Conditions that may cause cognitive impairment**
 - Alzheimer's disease
 - Intellectual and developmental disabilities
 - Traumatic brain injuries
 - Disabling mental illness associated with cognitive impairment
 - Mild cognitive impairment
- **Conditions that may cause similar functional challenges and require similar services**
 - Spinal cord injuries
 - Paralysis
 - Limb loss
- Stroke
- Arthritis
- **Chronic conditions that impair vision, hearing (deafness), taste, touch, and smell**
- **Conditions that require continued therapy services in order for individuals to maintain or retain functioning**
- **Other:**
 - Hypertension
 - Osteoporosis
 - Chronic back pain

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